

Parents and Carers,

As a part of your child's education at Wapping High School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme which we deliver as part of ASPIRE days and extended Tutor times. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, The Department for Education has announced changes to relationships and sex education (RSE). This means that we will be reviewing our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities

Over the next year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. **Please see the table overleaf which outlines the curriculum plan for RSE teaching this year.**

PSHE education is taught throughout the school as part of the schools Aspire programme. Every year it is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum and the RSE policy. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

We would also like to invite you to attend a parent information meeting on 6th October to find out more about the policy as well as what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please see link below. This will also be emailed to you via parent mail on the day and recorded so that you can view at a later date.

PSHE/SRE Parent consultation Event Wednesday, 6 October · 2:00 – 2:30pm Video call link:
<https://meet.google.com/wef-junv-xey>

Year 7	Diversity Diversity, prejudice, and bullying	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries
Year 8	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception
Year 9	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography
Year 10	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Addressing extremism and radicalisation Communities, belonging and challenging extremism
Year 11	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships

Finally we would be grateful if you could please complete the [attached survey as we are keen to have an understanding of your insights when it comes to RSE education.](#)

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,



Serra Sanders Director of The Holistic Curriculum